



**Self-Help for
the Elderly**
安老自助處

Social Services Department
selfhelpelderly.org



Do you need help living at home?

The Multipurpose Senior Services Program (MSSP) offers free case management and supportive services to age 65 years or older frail Medi-Cal participants who are certifiable for nursing facility placement but wish to remain living in their home. We offer professional assessments and linkage to existing community resources and care coordination to prevent or delay institutional placement.

Eligibility

- Aged 65 years and older
- Medi-Cal individuals
- Nursing Facility (NF) level of care
- Reside in San Francisco

Referral/Enrollment Process

MSSP (415) 369-2218

Social Services (415) 677-7585

Services Language

English. 廣東話 . 國語 . Tiếng Việt. Español. Русский. Tagalog



**Personal
Care**



Home Safety



**Nutrition
Meals**



Transportation



**Resource
Connection**